

Ultravision Cardiac Imaging Ltd
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STRESS ECHOCARDIOGRAM

Ultrasound of the heart + exercise treadmill test

What is a Stress Echocardiogram?

A stress echocardiogram (stress echo) is an ultrasound of the heart which enables the cardiologist to look at the pumping chambers and valves of your heart during rest and after exercise.

What preparation is required?

No preparation is required. If you are taking a medication called a beta-blocker you will be advised if you need to stop this medication prior to the test.

How is the procedure performed and who performs it?

You will be asked to lie flat on an examination couch. A water based gel is applied to the area to be examined and a small ultrasound probe is then placed on the skin and moved slowly and painlessly over the area. You will then be asked to walk on a treadmill in order to increase the pumping action of your heart. You will then be taken back to the couch where your heart will be rescanned following the exercise. The images are displayed on a screen and are stored for later analysis. The ultrasound is performed by a Specialist Cardiologist with the assistance of a technician. It will take approximately $\frac{3}{4}$ of an hour, although more complicated problems may take a little longer.

What is the cost of the procedure?

You will be advised of the cost of the procedure and where to park when you make your appointment.

How do I get my results?

A report will be sent to your cardiologist and/or GP within 5-7 days of having the procedure.

Where do I go to have this procedure?

- Ultravision Rooms, Gate 1, Mercy Hospital, 98 Mountain Road, Epsom
- Ultravision Cardiac Imaging, 1 Shea Terrace, Takapuna
- Radius Medical, 110 Michael Jones Drive, Flat Bush, Manukau

For further information refer www.heartgroup.co.nz or phone 09 623 6377